Health Restore Essential Oil Massage

I think one of the most important aspects of this "Health Restore" Massage is that it can aid the body in true, deep healing.

I recommend however, that first off: If the body has been vaccinated. It should first: Take the Homeopathic remedy DUO Protocol: Thuja and Nat. Sulph; to rid the body of the harmful effects of vaccination. When you take this Duo, according to the directions that we offer in our book Homeopathy for Mommies, you will be aiding the body to naturally "bring back" and then kick out naturally, any suppression that was brought on from vaccination injury.

Once the body has "let go" of this suppression. Then, with the Health Restore Massage, it can begin the deep healing process. Body systems that have been stunted or altered, can begin to heal. I have placed a chart at the bottom of this article. You can see the relation between the nerves that run off each vertebra and the corresponding organ systems....You see, when the spinal column is not flexible and healthy, then the corresponding organs will suffer as well.

Scoliosis, much of which is due to vaccination injury, can and will straighten under the healing properties of these wonderful Essential Oils. I've confessed in my podcasts that my scoliosis was so bad, that I had sat in a massage chair, the rollers bruised me because of the way it hit my severely crooked spine1

When I had scoliosis, it was my T9 that was actually out of place for most of my adult life. After I did the Thuja and Nat. sulph, and then began **giving** (*not receiving*) the Health Restore Massage to friends and family....My spine began to "flutter" I would feel this little flutter movement up my spine, it was a rapid tickling sensation that went up my spine almost like butterflies fluttering...I felt that off and on for a few weeks than realized one day how flexible I felt. I reached back and felt my spine and squealed with Joy! "My spine! It's straight!"

The vertebra that had been out of place all those years, was still out, but my daughter was able to pop in back in place by giving me an Essential Oil Massage.

She popped it back in place twice in as many months, and it is still in place today, eleven yrs. later. There is however, a slightly extra thick space between the T10 and T9, but it is in a straight position and I rarely ever have a back ache today.

The four main Oils for this Massage are: Oregano, Basil, Thyme, and Marjoram-which I always use and then I use oils specific to the issue at hand. I talk about these as well, in the video.

Click Here to Purchase the Health Restore Essential Oil Massage!

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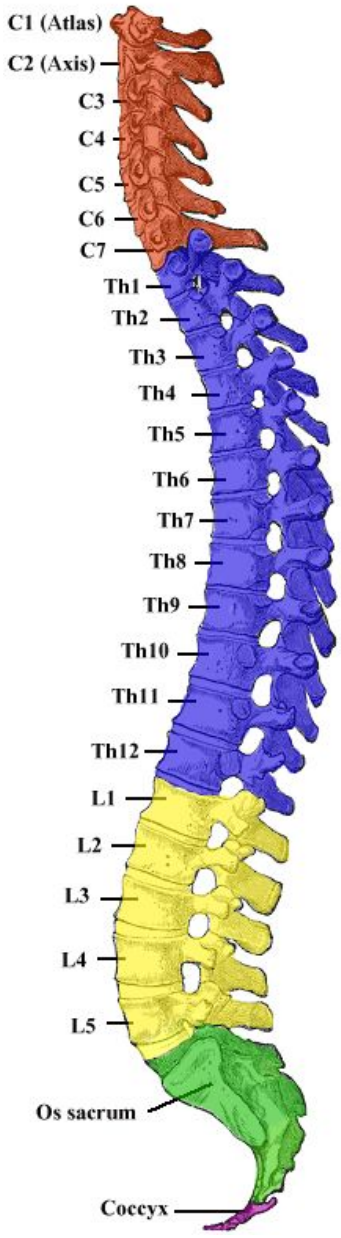
Nerve Root Levels & The Body Parts Affected

There are 31 pairs of nerve roots which stem out from your spinal cord to the different organs and tissues of the body. When the spine is out of alignment or "subluxated", the spacing is decreased and thus places pressure on the nerve roots. When this happens, the specific nerve root(s) being affected will cause specific organs and tissues of the body to malfunction, as they are unable to receive the full functioning information from the brain, which in turn contributes to if not creates the many ailments and illnesses you may be feeling.



Subluxations in the neck are not only pinching on the nerve roots, but decreasing the flow of blood to your brain – think about that one for a while.

Below is a list of the nerve roots and the systems that they affect. The nervous system is complex. Only the most significant relationships are shown below. Many organs and tissues have multiple nerve supplies. As the brain and spinal cord are one system, there are times when certain areas of the body may have an issue and it is not related to the specific nerve root, but a malfunctioning of the nervous system as a whole–

C1 – brain, ears, eyes, pituitary gland (hormone function, stress hormones), scalp,

C2 – ears, eyes, head, heart, tongue

C3 – diaphragm, ears, face, neck, shoulder

C4 – chest, diaphragm, face, neck

Brachial Plexus (C5 thru T1)

C5 – upper arms, diaphragm, neck, shoulders, vocal cords

C6 – arms, shoulders, tonsils

C7 – arms, hands, shoulders, thyroid, wrists

C8 – arms, elbows, hands, shoulders, wrists

T1 – elbows, esophagus, hands, head, heart, neck, thyroid, trachea

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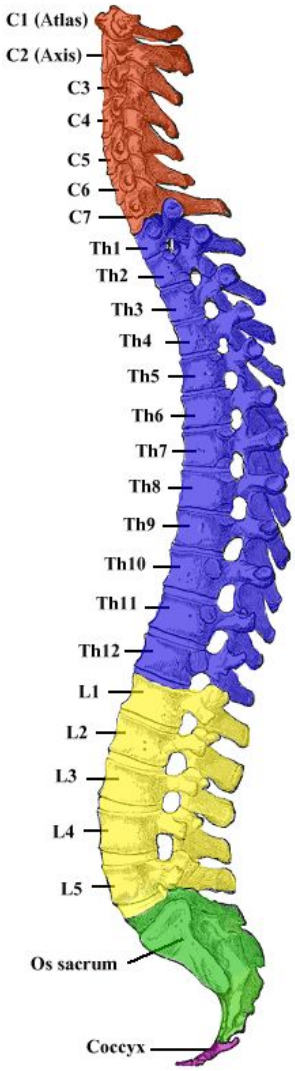
Sympathetic Ganglia (T1 thru T12)



T1 – elbows, esophagus, hands, head, heart, neck, thyroid, trachea

T2 – upper arms, head, heart, lungs, neck

T3 – upper arms, chest, head, heart, lungs, neck

T4 – upper arms, gall bladder, head, heart, lungs, neck

T5 – upper arms, blood circulation, esophagus, head, heart, liver, neck

T6 – middle back, duodenum, esophagus, pancreas, spleen, stomach

T7 – middle back, duodenum, gallbladder, liver, pancreas, spleen, stomach

T8 – adrenal glands, middle back, gallbladder, liver, pancreas, spleen, stomach

T9 – adrenal glands, gallbladder, liver, pancreas, reproductive organs, small intestine, spleen, stomach

T10 – appendix, large intestine, legs, pancreas, reproductive organs, small intestine, spleen, stomach

T11 – adrenal glands, bladder, ileocecal valve, kidneys, large intestine, legs, reproductive organs, small intestine

T12 – upper and lower back, bladder, ileocecal valve, kidneys, large intestine, legs, reproductive organs, small intestine

Lumbar Plexus (L1 thru L5)

L1 – abdomen, bladder, feet, large intestine, legs, reproductive organs

L2 – abdomen, appendix, bladder, feet, large intestine, legs, reproductive organs

L3 – bladder, feet, large intestine, legs, prostate (in men), reproductive organs

L4 – buttocks, feet, legs, muscles of the lower back, prostate (in men)

L5 – buttocks, feet, legs, prostate (in men), toes

Sacral Plexus (S1 thru S5)

S1 – bladder, buttocks, feet, legs, prostate (in men)

S2 – bladder, buttocks, legs, prostate (in men), reproductive organs

S3 – bladder, buttocks, legs, prostate (in men), reproductive organs

S4 – anus, reproductive organs

S5 – anus, rectum

Coccygeal Plexus - anus, rectum

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