



AUGUST 2019 MINI-TRAINING: ACUTE CASE TAKING

Before you get started!

Download or access one of the following Repertory Resources online (both are free)

Complete Dynamics Software - <http://completedynamics.com/>

This is the FREE Software that Sue used for her mini-training video. Click on "DOWNLOADS" at the top of the page and then choose the download for your specific device. You get a 30 day trial of the practitioner's edition and then after that day can still use the repertory in the free version.

Kent's Repertory Online - <http://homeoint.org/books/kentrep/>

This is a good online version of Kent's Repertory to search and find rubrics for your acute cases.

Helpful Definitions:

Repertory: An index to the symptoms of diseases and their remedies, in which they are arranged in an orderly manner so that they may be found without trouble. Helps the homeopath to find the indicated remedy from among the hundreds of possibilities that comprise the materia medica.

Materia medica: A reference guide to homeopathic medicines that describes individual active ingredients and the symptoms that they may address. A materia medica lists homeopathic ingredients in alphabetical order and provides a summary of "provings," or research, for each ingredient. A typical listing will describe the general characteristics of the substance, followed by a detailed list of symptoms associated with that substance.

Rubric: Symptom or Modality: In a homeopathic Repertory, symptoms or modalities are listed alphabetically under Clinical, Mind, Dreams, Body Parts, etc: This is know in homeopathic terms as a rubric: a list of possible symptom match remedies will found.

GENERALS	ANATOMY	FUNCTIONS	DISCHARGES
Mind Vertigo Sleep Chill Fever Generalities	Head Eye Ear Nose Face Mouth Teeth Throat/External Throat Stomach Abdomen Rectum Urinary Organs Genitalia/Female Genitalia	Larynx & Trachea Chest Back Extremities Skin	Vision Hearing Respiration Cough Stool Expectoration Perspiration

Quick Reference to Categories:

Mind: Function of the mind. Mental clarity, mental dullness, emotions, fears and delusions, behavior, gestures, and memory ...

Vertigo: Symptoms relating to balance, vertigo.

Head: Condition that relate to the head in general, not including features that are covered in other sections.

Vision: Function of sight

Eye: Conditions of the eyeball and the eyelids

Ear: Inner ear, outer ear, and the area on the head right around the ear

Hearing: details of impaired hearing

Nose: Nose and some nasal sinuses.

Face: Front of the head, with the exception of the eyes and nose.

Mouth: Internal mouth including gums, palate or tongue. Teeth are a separate category

Teeth: Teeth from root to crown, addresses tooth pain

Throat/External Throat: Cover front and internal neck area. Tonsils and uvula, esophagus and pharynx, skin covering the front of the neck, and thyroid, cervical glands and lymph nodes

Stomach: Physical aspects of stomach pain, discomfort and dysfunction as well as desires and aversions to foods

Abdomen: Front of the body from the lower edge of the ribs to the groin

Rectum: Lower bowel, rectum and anus. Constipation, diarrhea, hemorrhoids, worms, and more

Stool: details of color, texture, odor and modes of appearance of stool

Urinary Organs: Includes Bladder, Kidneys, Prostate, Urethra, Urine

Genitalia / Female Genitalia: Genitalia focuses mainly on male reproductive structures, followed by a section for female genitalia

Larynx & Trachea: inner structures of the throat, coughing, voice

Respiration: All symptoms related to Breathing

Cough: Every symptom related to cough, like: dry, barking, hollow, hacking, tickling etc.

Expectoration: Phlem and Sputum

Chest: Heart, lungs, breasts, ribs, armpits, all areas related to the chest

Back: From the base of the skull to base of the spine

Limbs: From joint that attaches the limb to the trunk to the finger and toenails

Sleep: Everything related to sleeping including dreaming, position of sleep, sleeplessness

Chill: Sensations of coldness

Fever: Symptoms related to fever and illnesses such as measles and scarlatina

Perspiration: Related to sweat symptoms

Skin: Sensations and symptoms on the skin

Generalities: These symptoms apply to the entire person, along with topics that have no individual section

Fantastic resource for more Repertory study: <https://karenallhomeopathy.com/training/tutorial-for-repertory/>

Acute Case – Foot Injury

- Male, 25 years old
- Stepped on a rusty nail while playing volleyball in back yard two days ago
- Sole of left foot is partly swollen so he cannot wear his shoe comfortably
- Foot is very painful at the puncture site and now the pain has gone up past his ankle to the lower part of his leg
- The foot looks bluish, with bruised appearance around the ankle
- His foot is cold, especially where the nail punctured his foot
- He feels better with ice packs on his foot and ankle
- He is unusually chilly
- He is unusually irritable and wants to be left alone

1. List the key symptoms in the box below. If there is an unusual symptom, put an *

1. Puncture wound, foot
2. Swollen Foot
3. Pain extending from ankle to lower leg (upward)
4. Blueish color, bruised appearance
5. Wound is cold
6. Foot puncture wound better for Cold
7. Chilly
8. Mind symptom - Irritable

Drawing on what you have learned, select three remedies that are possible choices and that best match the symptoms of this patient.

Possible Remedies

1. Ledum
2. Apis
3. Pulsatilla

Acute Case Taking

Categories	Symptom
Aetiology: <i>When the acute issue began – did something cause it?</i>	
Condition: <i>Clearly state out what the condition is to begin.</i>	
Location: <i>Be specific. Where is the location of the issue?</i>	
Sensation(s): <i>How does that feel? Can you tell me what it feels like? Get detailed and write language down as said.</i>	
Modalities: <i>What makes the primary complaint better or worse?</i>	
Concomitant(s): <i>Another symptom that is appearing in another part of the body.</i>	

Details:

-
-
-
-
-
-
-

1. List the key symptoms in the box below. If there is an unusual symptom, put an *

1.
2.
3.
4.
5.
6.
7.
8.

Drawing on what you have learned, select three remedies that are possible choices and that best match the symptoms of this patient.

Possible Remedies

1.
2.
3.

Read about the top 3 remedies from the Materia Medica and choose the best remedy that matches the above symptoms. When you have decided on the most appropriate remedy, give the 6 reasons for your choice.

Remedy Chosen: _____

Reasons for your choice:

1.
2.
3.
4.
5.
6.

For the other 2 remedies, give at least 2 reasons for NOT choosing them.

Remedy 2: Not Chosen

1.
2.

Remedy 3: Not Chosen

1.
2.

SYMPTOM	REPERTORY RUBRIC